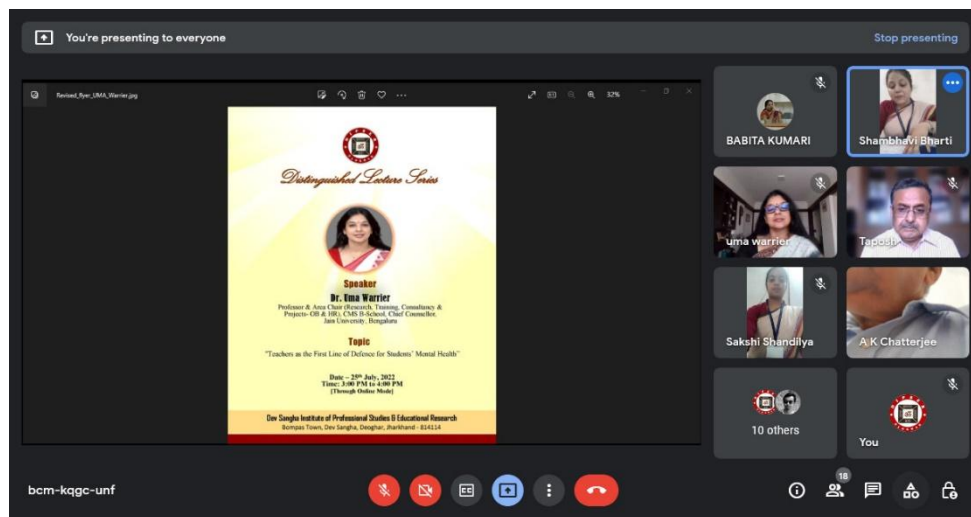


“Distinguished Lecture Series”

Lecture by Dr. Uma Warriar

Professor & Area Chair (Research, Training, Consultancy & Projects-OB & HR) CMS B-School, Chief Counsellor,
Jain University, Bengaluru

(25th July, 2022)



The 9th “Distinguished Lecture Series” was organized by Dev Sangha Institute of Professional Studies and Educational Research on 25th June, 2022 on the topic “Teachers as the First Line of Defence for Students’ Mental Health”. The lecture was delivered by Dr. Uma Warriar, Professor & Area Chair (Research, Training, Consultancy & Projects-OB & HR) CMS B-School, Chief Counsellor, Jain University, Bengaluru.

Dr. Uma Warriar lucidly presented the unexplored avenues of students’ mental health and emphasized the need for teachers to play an important role in the lives of students not merely as a knowledge sharer but also as an effective counsellor. She also brought to the fore the concept of empathy with live case studies and examples and explained the severity of adverse effect of drug addiction and alcoholic consumption on the mental health of students. She also provided ways and means to detect early signs of mental disorder among the students and underlined the important role that teachers have as the first line of defence for students’ mental health and hygiene. She said that with a cautious approach by teachers, the early signs of disorder can be checked and students can be prevented from any severe incidents affecting the students.

The lecture via online mode, was highly interactive and was attended by Sri Asim Kumar Chatterjee, Secretary, Dev Sangha Seva Pratisthan and Prof. (Dr.) Taposh Ghoshal, Director (Academics), faculty members and students of D.El.Ed, B.Ed. and M.Ed. of Dev Sangha Institute of Professional Studies and Educational Research. The entire program was excellently anchored by student teachers of D.El.Ed. - Sakshi Sandilya and Sambhavi Bharti.